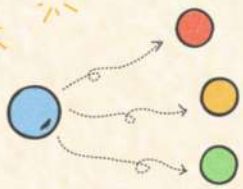
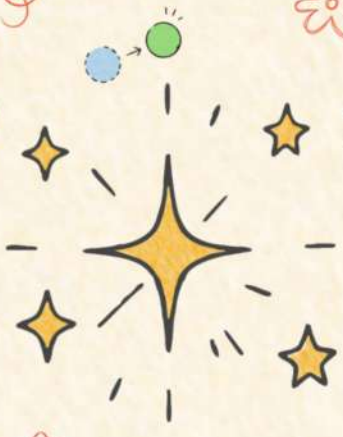
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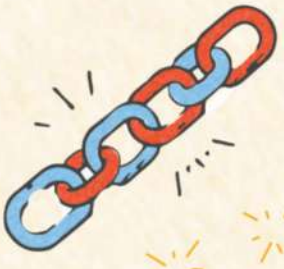
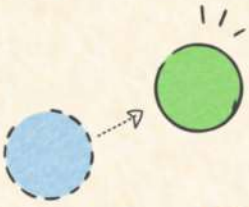
Small Actions, Big Change









Volume 1 | 2026 - 27
PIS Ambegoan

CONTENTS

1 Did You Know

2 Small Actions, Big Ripples

3 A Verse of Change

4 When my brush speaks...

5 The Butterfly Effect

6 It started with one...

7 A time I made a small change...

9 This clicked for me!

10 A Story in Panels

11 Brain Play

12 Book Recommendations

13 Movie Recommendations

14 Review Books and Movies

15 Spotlight @ PIS

FROM THE PRINCIPAL'S DESK

Dear Students and Parents,

At the outset, I extend my heartfelt gratitude to all the parents and families who have entrusted us with the privilege and responsibility of nurturing their children. This trust inspires us to uphold the highest standards of excellence, integrity, and care. In an ever-evolving world, education must transcend academic accomplishments to cultivate inquisitive minds, compassionate hearts, resilient spirits, and a profound sense of social responsibility. Through a harmonious blend of academic rigour, experiential learning, and co-scholastic pursuits, we strive to create an enriching environment where every child is empowered to realise their fullest potential and grow into an empathetic, ethical, and responsible individual, equipped to navigate the complexities of the future and contribute meaningfully to society.

The theme of this edition of The Qurio Mag 2026–27, Volume 1, "Small Actions, Big Change," embodies a profound truth: extraordinary transformations often begin with ordinary acts. A gesture of kindness, a word of encouragement, a responsible choice, or a small step towards environmental conservation may seem insignificant, yet each has the potential to create ripples of lasting change. Meaningful progress calls not always for monumental efforts, but for consistency, compassion, and the courage to begin. Through their imaginative writings, artistic expressions, and thoughtful reflections, our young contributors celebrate how individual actions, guided by purpose and sustained by conviction, can transform lives, communities, and the world around us. This magazine is a testament to youthful imagination, diverse perspectives, and the transformative power of ideas, reminding us that everyone, irrespective of age or circumstance, can make a meaningful difference.

I extend my sincere appreciation to the editorial team, teachers, and students for their dedication, creativity, and collaborative spirit in bringing this edition to life. May these pages inspire every reader to recognise the significance of everyday choices and embrace the responsibility of creating a better tomorrow. Let us remember that the magnitude of change is determined not merely by the size of an action, but by the sincerity of intention and the perseverance with which it is pursued. May our students continue to be curious in thought, compassionate in action, and courageous in their commitment to positive change, leading with conviction and contributing with purpose.

Warm regards,
Principal

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DID YOU KNOW?

▸ The Science of small things

Tiny causes. Huge effects. Here's how the smallest things in life quietly shape everything around us.

A. WHY DO HABITS FORM?

Every habit like biting your nails, checking your phone, brushing your teeth before bed follows the same tiny loop inside your brain:

- ~ **a Cue** *(something that starts it),*
- ~ **a Routine** *(the action you do), and*
- ~ **a Reward** *(something that feels good).*

Do this loop enough times, and your brain stops thinking about it altogether. It becomes automatic, running quietly in the background like a well-worn path through a field.

Did you know

Scientists believe habits are stored in a part of the brain called the basal ganglia — the same region active in animals as simple as sea slugs!

B. THE BUTTERFLY EFFECT

This idea comes from chaos theory and asks a wonderfully strange question:
Could the flap of a butterfly's wings in Brazil set off a tornado in Texas?

Of course, one flap doesn't cause a tornado but it shows how tiny, almost invisible changes at the start of a system can grow and grow until they lead to something huge and totally unpredictable.

Did you know

The term was coined by meteorologist Edward Lorenz in the 1960s, after he found that a tiny rounding change in his weather computer model completely changed the forecast!

C. THE DOMINO EFFECT

Line up enough dominoes and tip just the first one the rest fall in a chain reaction, one after another.
The domino effect describes any situation where a single small event triggers a whole series of similar events, like a row of falling tiles. It's used to describe everything from history (one event sparking a chain of others) to everyday life (one late bus making you miss your whole morning).

Did you know

A domino can knock over another domino about 1.5 times its own size. Line up dominoes that each grow by that much, and just 29 of them could topple something as tall as the Empire State Building!

D. THE RIPPLE EFFECT

Drop a single pebble into a still pond and watch what happens:
Circles of water spread outward, farther and farther, long after the pebble has sunk. The ripple effect works the same way with our actions one small act, like a kind word or a smile, can spread outward and influence people far beyond the person it was first given to.

Did you know

Researchers have found that kindness can spread through social networks up to three degrees away meaning your good deed could reach a friend, of a friend, of a friend, without you ever knowing it!

Small Actions, Big Ripples

You don't need to change the world all at once. Try one of these small actions this week and see where the ripple goes.

Plant a Seed



Push one seed into soil today. Given a few years, it could be a tree giving shade, fruit, or clean air to a whole street.

Say Thank You



A genuine "thank you" costs nothing, but it can brighten someone's whole day — and make them kinder to the next person too.

Pick Up One Piece of Litter



You don't need to clean a whole beach. One piece of rubbish in the bin instead of on the ground stops a small problem from growing.

Turn Off a Light



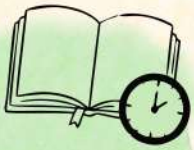
Flicking off a switch when you leave a room takes one second — but done every day for a year, it saves real energy.

Share a Smile



A smile is contagious. Scientists have shown it can pass from face to face across a whole room, without a single word.

Read for 10 Minutes



Ten minutes a day doesn't feel like much — but over a year, that's more than 60 hours of reading. Dozens of books, one page at a time.

Save a Drop of Water



Turning off the tap while you brush your teeth can save several litres of clean water — every single day.

Hold the Door



Holding a door for the person behind you takes two seconds — and often inspires them to do the very same for someone else.

Pick just one. Do it today. Then watch how far it travels.



A Verse of Change

Poems on - 'A small good deed...'

The Tale of a chaotic Friend

Kabir Ramekar, VII E

I have a friend whose name is Ravi,
Who always sits next to me.
He's funny, loud and naughty,
still very close and dear to me

He steals all my pencils,
Then loses every one.
He says, “I didn’t do it !”
While holding one for fun!

When I try to find my bottle
It's always empty, gee!
Ravi has splashed it, drank it
But refills it for me.

One day I brought a sandwich—
A beautiful sandwich, too.
Bread,Cheese, tomato, all I really brandished...
A masterpiece! It was due!

I opened up my lunchbox.
Ravi darted from the lawn
I looked at my sandwich.
And then…one bite was gone.

“Tommy!”
“What?”
“You ate my sandwich,man!”
“No, I didn't.”
I’m foodie I am a die hard fan

“You've got crumbs on your shirt!”
“Those are... decorative,see”
“You've got cheese on your nose!”
“That's... fashion,you’ll agree”
“And you're holding the other half!”
“Oh,he said, looking flat”
Then said, in a soft tone
“Would you like some of that?”

I nearly fell off my place!
We argued very quick
Then Ravi made a funny face...
And I laughed myself sick

Friends may fight.
Friends may shout.
You might even say,
“I won't talk to you, get out!”

But when you're feeling lonely,
They'll sit right by your side.
When you make a silly mistake,
They won't run away and hide.

So here's my advice:

Choose your friends wisely
I have chosen mine
Coz friends are such a treasure
Who are worth a million dime

One little Tiny Friend

Abhimanyu Yadav, VI F

One little bug
Though it's quite small,
Crawls up the leaf,
And doesn't fall.

It wiggles its feet,
It looks at the sun
Playing all day,
Having so much fun!

It finds a sweet flower,
And stops for a bite,
Then hides in the grass
To sleep through the night.



When my brush speaks...

A page on artistic expression that depicts the theme - Small actions, big change...



Saanidhya Jagdambe
VII C



Ishaan Raykar
III F

The Butterfly Effect

In Real Life: One Man, One Forest

How a teenage boy planting a few bamboo shoots on a bare Indian sandbar grew into a 1,360-acre forest home to tigers, rhinos, and elephants.



The Problem: A River, a Flood, and a Graveyard of Snakes.

In 1979, on Majuli, the world's largest river island, in the Brahmaputra River in Assam, India a huge flood swept through and left the land behind it bare and sandy. Soon after, a 16-year-old boy named Jadav Payeng came across something that broke his heart: hundreds of snakes, washed onto the empty sandbar by the flood, lying dead in the scorching sun. With no trees and no shade to protect them, they simply couldn't survive the heat.



The Tiny Action: 20 Bamboo Seedlings

Jadav asked the local forest department for help planting trees on the sandbar. They told him nothing could grow in such poor, sandy soil, but said he could try planting bamboo. So that is exactly what he did. Jadav planted just 20 bamboo seedlings by himself, then kept coming back, day after day, to water them and care for them. Nobody asked him to. Nobody paid him to. He just kept going.

Jadav didn't stop at bamboo he began collecting seeds and saplings of other trees too, planting a little more of the forest with his own hands almost every single day for over 40 years.

The Ripple Grows: From Sandbar to Forest

As the bamboo took root, it slowly changed the sandbar itself trapping soil, holding moisture, and creating the right conditions for other plants to grow. Jadav kept adding more trees: cotton trees, arjun, and many native Assamese species. Over decades, one man's quiet daily habit transformed a lifeless sandbank into a genuine forest, complete with its own soil, shade, and ecosystem all without machines, without a team, and almost entirely alone.



The Surprise Discovery

For nearly 30 years, almost nobody outside Jadav's village knew what he had done. Then in 2008, forest officials went looking for a herd of wild elephants that had wandered off after damaging a nearby village and found them sheltering inside a dense forest that, according to their own maps, should not have existed at all. That "undiscovered" forest was Molai Forest named after Jadav's nickname, "Molai."



Did you know?

Today, Molai Forest is bigger than New York City's Central Park, and is home to Bengal tigers, Indian rhinoceroses, deer, over 100 elephants that visit each year, and hundreds of species of birds.

Why This Is the Butterfly Effect

Jadav Payeng didn't set out to create a 1,360-acre forest he just wanted to save some snakes from the sun. But that single small decision, repeated quietly every day for over 40 years, set off a chain of changes far too large for anyone to have predicted: soil formed, plants spread, animals returned, and an entire ecosystem came to life. In 2015, Jadav was awarded the Padma Shri one of India's highest civilian honours and is now known around the world as the **"Forest Man of India."**

"I'll plant till my last breath." — Jadav "Molai" Payeng

It started with one...



Write about a true event or a story of 'How a small action by someone created a big impact...

The Secret of the Pharaoh's Map

By Manasvi Kumbhar-Std VII E

Thea Bennett was a smart and adventurous girl who loved reading books. She went to the Readers' Library every day. One day she got an assignment about the history of Egypt. She went to the History section. Found an old book called The Life and Secrets of the Egyptian Pharaohs. When she took the book out an old brown parchment fell from it. Curious she picked up the parchment; to her surprise it was the map which led to the unsolved mysteries of the Pyramid of Cheops. Thea was very excited. Decided to follow it, she booked tickets to the city of Cairo.

After reaching Cairo she walked through the desert and finally found the pyramid. Inside she saw beautiful hieroglyphs. She recognized Osiris, the god of the underworld, Isis, the goddess of magic and protection Horus, the falcon-headed god of the sky Anubis, the jackal-headed god of mummification Bastet, the cat goddess of protection Ra, the sun god and Thoth the god of wisdom and writing.

Suddenly a snake slithered across the floor. Thea remembered reading about snakes. Quickly stamped her foot, the snake got frightened.Went away, she continued walking until she reached the tomb of Cheops. She noticed a hieroglyph and touched it. Click! A hidden mechanism was activated. A cold misty wind filled the room. The coffin suddenly opened. A mummy covered in bandages rose from it! It started coming towards Thea so she tried to escape. While struggling she accidentally knocked over an object. Crash! A secret passage opened in the wall. Thea quickly went inside. Found a small golden beetle-shaped amulet. Soon as she picked it up it started glowing brightly.

Suddenly Thea heard a terrifying shriek and woke up. She looked around. Realized that everything had been a dream, she felt relieved and reached for the book beside her bed.. Then she froze. Beside the book was the golden amulet, from her dream! She stared at it in shock. Maybe it was a dream or maybe her small decision to pick up that book had caused something much bigger.

Who was the person?

Thea Bennett

What was the action?

Thea's adventurous journey to discover the secrets of the Pyramid of Cheops after finding an ancient map in a library.

What was the impact?

Thea's discovery of the ancient map led to a mysterious adventure.

A time I made a small change...

The Changing Pace of Time

Arnav Mundada –Std VIII E

Have you ever stopped to think about why summer days felt so long when you were a kid but now when you're older time seems to rush by? It's not just your memory playing tricks on you. There's science behind why time feels different as we grow up.

Our brain's way of seeing time changes as we get older. One big reason is how we take in information. When we are young everything is fresh and new. Learning to ride a bike starting school even seeing a dog for the time—each moment is a surprise. The brain has to work to make sense of it all. Because it's busy taking in much time feels like it moves slowly.

As we get older life settles into a pattern. We go to the job eat the same food follow the same routine. Our brain starts to go on autopilot. It doesn't have to pay attention. When your brain doesn't need to work time starts to feel faster. It's not that time moves it's that your brain isn't recording as much.

Think about it this way: If you were five years old and reading this now one year would be 20% of your life so far. That's a chunk. It would feel like a time.. When you're twenty one year is only 5% of your life. That feels small. It's like a piece, in a much bigger story.

There's also something called the Holiday Paradox. When you're on vacation you might feel like the days go by fast. You're having fun you're relaxed you're in the moment.. When you look back that vacation feels like it lasted forever. Why? Because your brain made lots of memories. Your brain records more when things are new and exciting. So even though it felt short it feels long in your mind.

It might sound a little sad to think that your life is passing faster.. There's a way to change that. The trick is to keep things fresh. Try hobbies visit places you've never seen or take on something hard. When you do something your brain wakes up. It pays attention. It creates memories.. More memories mean time feels longer.

In moments of fear or excitement time slows down. When you're scared or thrilled you focus on every second. You notice every detail. That's why a scary moment can feel like it lasts for hours.

So it's not you. Everyone feels time speeding up.. You can fight back. Break the routine. Do something you've never done. Face something that scares you. Challenge yourself. This way your brain will think you're living forever.. Maybe just maybe you are.

The Time I Made a Small Change:- My Earth My responsibility -A life changing story

Samruddhi Chavan- Std VII E

One day, I went shopping with my mother and noticed that we were taking a plastic bag for almost everything. I started thinking, Do we really need all this plastic? So I asked my mother if we could use a cloth bag instead.

Later, we went to a cold coffee shop, and they gave me a plastic straw without even asking me. I was about to use it, but then I thought, "I don't really need this." So I decided not to use the straw.

After that, I also started saying no to things like extra straws, spoons and plastic bags when I didn't need them.

It was a small change, but I started noticing just how much plastic we use every day without even thinking about it. I also realised that there are many other small things we can change. For example, I see people in my society using the lift even when they have to go just 1 or 2 floors. Honestly, why use the lift for such a short distance when we can just take the stairs? Using the lift requires electricity, so taking the stairs for 1, 2 or even 3 floors can help save electricity too.

I thought, if people stop taking plastic bags and straws, shops will slowly stop keeping them. If shops don't need them, factories will also not make them.In this way, even a small choice made by us can help reduce the amount of plastic being used.

Anyways, we dont always have to do something huge to help the environment. If more people started making small changes like me, we could reduce a lot of plastic waste, save electricity and actually make our environment cleaner.



This clicked for me!

Original photographs of small actions that you think is important - Write captions to convey the thought behind the picture.



Raavi Khangave
VIII G



Rehaan Ganu
VIII G



Raavi Khangave
VIII G

A Story in Panels

A comic strip storyboard that shows a short incident of a small action and its impact.

Between Birth and Death

During ancient times, many great people pondered upon the question, “What happens after life?”. But, no one thought about life. Even today, everyone is busy thinking for their future, busy overthinking about their problems, while life is moving on.

Students are busy preparing for their upcoming exams, teachers are busy finishing the syllabus for the upcoming exam, while no one is living the moment.

Life is full of ups and down, you may fail, but next time you will definitely rise. Even if you fail, you have to try again because the next era might be yours. Well, it doesn’t mean that you should grind constantly; you have to enjoy life as well.

You live only once, so enjoy the small moments in your life, like cracking jokes with your friends, exploring a new place with your family, etc. Every human being’s life has a meaning and one should live to find that meaning. This meaning of life is also called as ‘aim in life’. Everyone should have an aim in life, and everyone should live life to fulfil that aim while enjoying the beauty of life alongside.

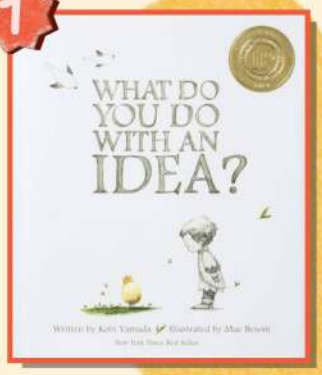
So, stop worrying about your future, instead plan for it. Stop overthinking on your problems, instead try to find a way out of it. Change the way you see life, you will be happier than ever. If you have a positive approach towards life, you will enjoy every moment while always acing the work you do.

“Ups and downs in life are very important to keep us going because a straight line even in an ECG means we are not alive.” – Ratan Tata

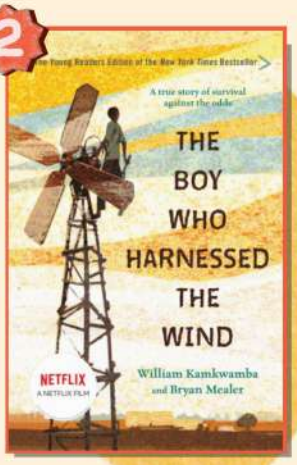
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Class: IX F

Book Recommendations

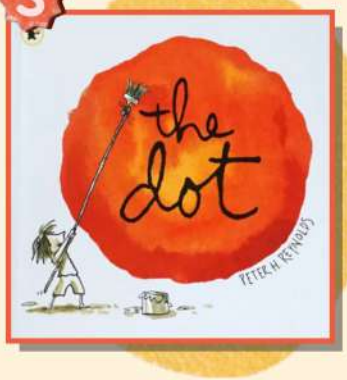
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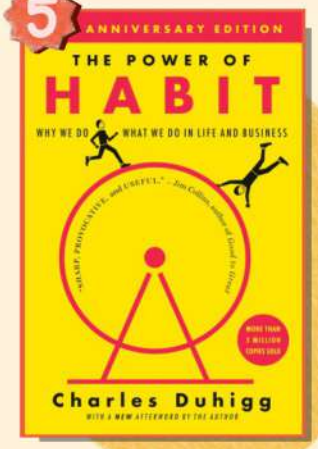
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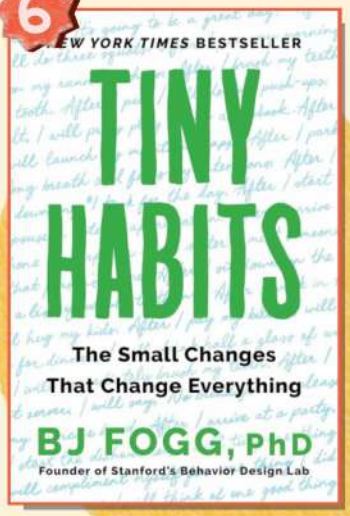
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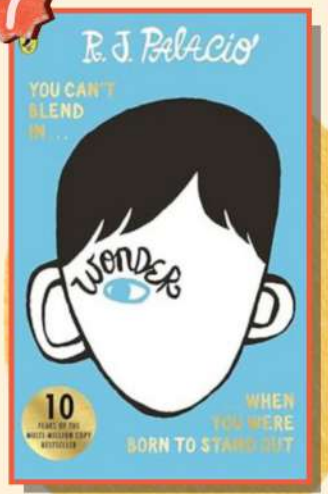
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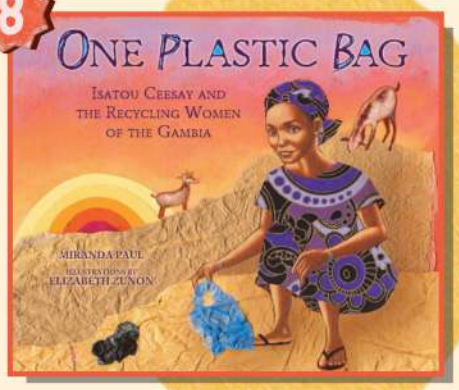
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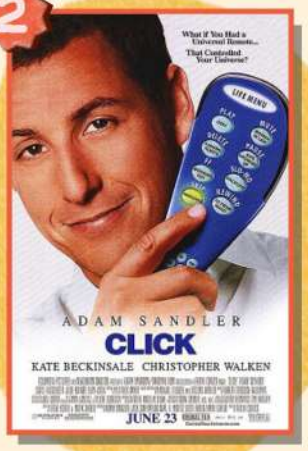


Movie Recommendations

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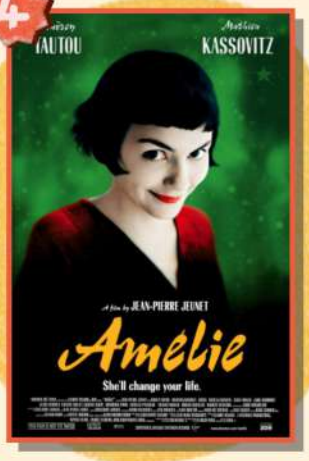
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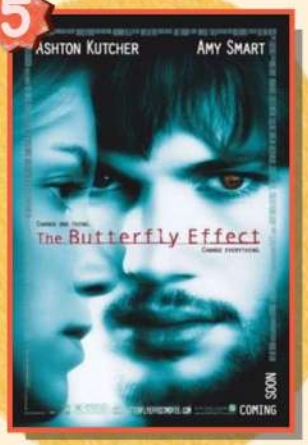
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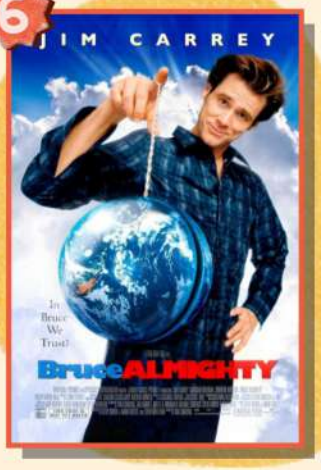
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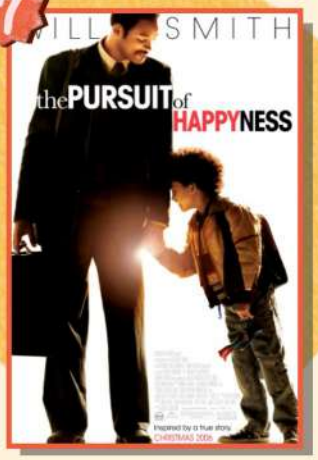
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7



Review
Books & Movies

Title of the Movie/Book:

The War That Saved My Life

Movie/Book Reviewed By:

Kritisha Vyas
VII – G

Movie/Book Summary:

'The War That Saved My Life' by Kimberly Brubaker Bradley is a heartwarming story of Ada's journey from abuse to love, freedom, and hope during World War II. It taught me to appreciate life's little joys and reminded me that even in the darkest times, love and courage can help us overcome challenges. I highly recommend this inspiring book to everyone!

How many hearts will you give to this movie/book?

(Colouring 1 heart means the movie/book was really bad. Colouring 5 hearts means it was great!)

Title of the Movie/Book:

Lallan Sweets

Movie/Book Reviewed By:

Lalita Singh Pawar
IX - C

Movie/Book Summary:

'Lallan Sweets' by Srishti Chaudhary is a fun story about Tara and her cousins competing to discover the secret ingredient in their grandfather's famous laddoos and inherit his sweet shop. With the help of her childhood friend Nikku, Tara embarks on an exciting adventure filled with family drama, romance, and 90s

How many hearts will you give to this movie/book?

(Colouring 1 heart means the movie/book was really bad. Colouring 5 hearts means it was great!)

EVERYDAY SUPERPOWERS

A WORD SEARCH OF EVERYDAY SUPERPOWERS

You don't need a cape to be a superhero. Find these everyday superpowers hidden in the grid below!

M	M	G	T	F	H	H	E	L	P	H	E
H	Y	C	I	X	M	Q	V	W	R	C	T
U	P	G	L	I	S	T	E	N	N	X	C
G	T	S	G	Z	Z	L	M	V	G	E	A
O	V	F	S	K	C	W	Q	V	Y	C	R
P	P	K	M	B	I	R	A	N	S	G	E
L	L	R	G	I	V	E	C	O	H	Q	G
T	A	O	B	L	E	G	W	F	A	X	K
Z	N	O	S	M	I	L	E	T	R	F	I
Q	T	V	F	B	D	A	F	P	E	V	N
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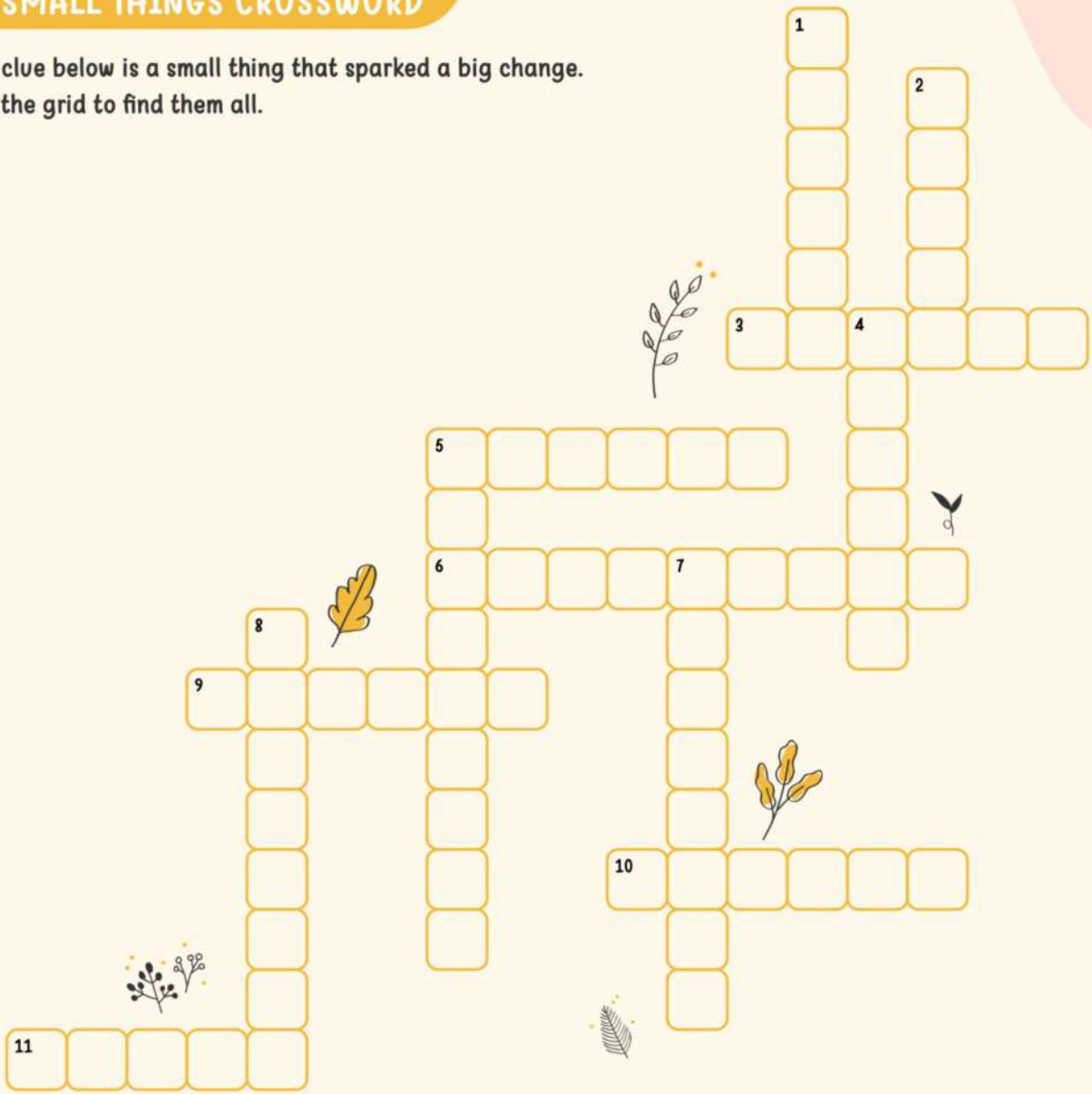
WORD BANK

SMILE	SHARE	LISTEN	HELP	PLANT
KIND	CARE	HUG	GIVE	SAVE

CATALYSTS FOR CHANGE

THE SMALL THINGS CROSSWORD

Every clue below is a small thing that sparked a big change.
Fill in the grid to find them all.



ACROSS

3. The meteorologist whose weather model gave the Butterfly Effect its name.
5. The first plant Jadav Payeng planted on a barren river sandbar in Assam.
6. The point at which one more small change suddenly causes a large shift.
9. This Japanese philosophy is built on the idea of continuous, small improvements.
10. Surname of the real-life 'Forest Man of India' who single-handedly grew a huge forest.
11. A behaviour that becomes automatic after a cue-routine-reward loop repeats enough times.

DOWN

1. Tip just one of these tiles and watch a whole row fall in a chain reaction.
2. A gentle push that encourages a choice or change without forcing it.
4. The circular waves that spread outward after a pebble drops into still water.
5. A tiny insect used to describe how a small cause can lead to a huge, unpredictable effect.
7. An effect where something small keeps growing bigger and bigger as it rolls along.
8. A person or substance that triggers a big change without being used up itself.

CRACK THE CODE

A CATALYSTS FOR CHANGE CRYPTOGRAM

Every letter below has been swapped for another. Crack each code, one letter at a time, to reveal three famous lines about small acts and big change.

QUOTE 1

H B N L G B Y W A H K H M F F, H B

E N G G M V T B X F E N C C, A F

M Q M V X N F G M K.

QUOTE 1 KEY — fill in each letter as you crack it:

A	B	C	E	F	G	H	K	L	M	N	Q	T	V	W	X	Y	X	Y
I	O	L	M	S	T	N	D	C	E	A	V	H	R	K	W	F	W	F

QUOTE 2

R V G P P G M S R, C F J L

V A P S N U P N J W Q H V N P P N B L R

B E U J B U P J, M G L

S X G L R E B X V S F J C B X P W.

QUOTE 2 KEY — fill in each letter as you crack it:

A	B	C	E	F	G	H	J	L	M	N	P	Q	R	S	U	V	W	X
U	O	W	F	H	A	Y	E	N	C	I	L	B	S	T	P	M	D	R

QUOTE 3

J K W K N F U P G V V C Q V Q

L S Q H H R N U P I U E

V C U P R C V E P H, O U S S T V V K F

O T V T Y K J L O Q J O C Q J R K

V C K B U N H F.

QUOTE 3 KEY — fill in each letter as you crack it:

B	C	E	F	G	H	I	J	K	L	N	O	P	Q	R	S	T	U	V	W	Y
W	H	F	D	B	L	P	N	E	S	R	C	U	A	G	M	I	O	T	V	Z

Spotlight @ PIS



Class X-AISSE 2026 Result



Aarushi Kulkarni,
winner-Yogasana Competition



The Best School,Inter - Podar English
Poetry Duet Recitation Competition



Winners - Inter-School Group Song
Music Competition

ANSWER KEY

CATALYSTS FOR CHANGE

THE SMALL THINGS CROSSWORD



CRACK THE CODE

A CATALYSTS FOR CHANGE CRYPTOGRAM

Quote 1 -

NO ACT OF KINDNESS NO MATTER HOW SMALL IS EVER WASTED.

Quote 2 -

SMALL ACTS WHEN MULTIPLIED BY MILLIONS OF PEOPLE CAN TRANSFORM THE WORLD.

Quote 3 -

NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL, COMMITTED CITIZENS CAN CHANGE THE WORLD.



Volume 1 | 2026 - 27
PIS Ambegoan